

PLAY DAVIE

PARKS AND RECREATION GUIDE



EVENTS

'Tis the Season

WINTER SPORTS

WHAT'S HAPPENING THIS SEASON?

TABLE OF CONTENTS

FIND YOUR NEXT PASSION

3
Parks Recreation and Cultural
Arts Director Feature

4-5
Recreation and Program Classes

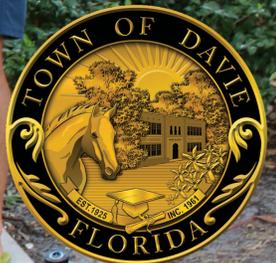
5
Active Adult and Senior Activities

6-8
Davie Aquatics and Fitness

8
Personal Training

9
Playtime Hot Spots

10
Winter Events





ABOUT OUR PARKS AND RECREATION DIRECTOR

It isn't unusual for a child to go into the family business, but it's not very common in the parks and recreation profession. The Pohlman family is an exception. Jeff Pohlman's mother and father both have degrees in recreation. His mother worked more than 20 years in therapeutic recreation and his father worked for more than 40 years in the profession. Today, Pohlman is the director of parks, recreation and cultural arts for the town of Davie in Broward County. Jeff didn't start out on this path.

A psychology major at Florida State, some of his early jobs were a stint as a busser and barback at Cape Crab and Steakhouse and working at Bill's Bookstore on campus. After an internship with David Flaherty in Pensacola, Pohlman found his true calling. It solidified his career choice, and the opportunity would lead to his first full-time position as a volunteer coordinator. His first introduction to FRPA was a visit from Eleanor Warmack to Dr. Beeler's supervision class at FSU. David and Eleanor made it clear that FRPA would provide a great opportunity for networking, professional development and countless resources. Pohlman thinks that in the next 10 years it will become continually challenging to strike a balance between virtual programming and hands-on programming as technology continues to influence our lives. He believes it is important to love what you do, especially when you work while others play. One of his great joys is to drop by a new playground, basketball court or sports field to talk to users about their experiences.

As a child Pohlman played soccer, baseball and hockey, and he still counts many of his teammates from those years as friends today. His staff would tell you that he leads by example and does not let obstacles stand in the way of progress. He is known for his honesty and integrity and would like to be remembered as a consummate professional who dedicated his life to ensure his communities had world class recreational facilities, programs and services. As one of our younger directors, you can be sure Pohlman has plenty of time to make that happen.

*Courtesy of the FRPA Journal
Fall 2019*



RECREATION PROGRAMS AND CLASSES

REGISTER FOR SPORTS ALERTS

Sign up to receive Sports Alerts via email. Go to the Town of Davie website at www.davie-fl.gov, and click on Notify Me. The Sports Division utilizes the Sports Alerts to announce field conditions, canceled games and practices, and new sports registration dates.

VOLUNTEER COACHES AND BACKGROUND SCREENINGS

In order to volunteer in our sports programs, everyone, including coaches and assistant coaches, must adhere to the following process to be considered: Submit a completed volunteer application, provide a copy of your driver's license, and complete a live scan fingerprinting prior to the start of the season. Please contact Mary Ann Salsler at 954-797-1146 to set up an appointment. For more information, contact the Sports Office at 954-327-3929.

SMART START BASEBALL/T-BALL/BASEBALL

Registration: November 25, 2019 - January 19, 2020

League Play: February 2020 - May 2020

Resident/Nonresident

Ages 3-4 \$75 \$100

Ages 5-9 \$105 \$155

Ages 10-14 \$130 \$155

Practices and Games: Most teams practice once a week and play two games a week. However, practices, game days, and game times will be determined after the teams have been formed. Each participant will receive an MLB replica hat, shirt, socks, and baseball pants.

SKATEBOARD LESSONS

Learn how to skateboard or to learn new tricks and techniques. Group and private lessons available from All Out Skate School. For more information, please call 954-391-5234.

PICKLEBALL

Pickleball is one of the fastest-growing recreational sports in the country. It is a court game that is a mixture of tennis, badminton, and ping-pong. Games are held at Bamford Sports Complex, 3801 S. Pine Island Road.

Drop-In Play: Courts are open daily from 8 a.m. - 9 p.m. Everyone is welcome. Current players are happy to help new players learn the fundamentals. For more information, call 954-327-3941, or email Sam Gulla at sam_gulla@davie-fl.gov

FIT TENNIS ACADEMY

Date: Monday – Saturday

Time: 9 a.m. - 12 p.m. and 4 - 8 p.m.

Locations: Waterford Park, 15090 S. Waterford Drive; Waverly Park, 6625 Hawkes Bluff Avenue; and Shenandoah Park, 14601 S.W. 14th Street. For more information, contact Felix Insaurralde at 954-732-0588, or visit www.fittennisacademy.com/

ATEMI-RYU JU-JITSU

Classes are held from 6 - 7 p.m. on Mondays and Thursdays and from 9 - 10 a.m. on Saturdays. We teach effective self-defense for children and adults. Everyone can do it! All ages welcome at the Shenandoah Community Center. For more information, please call Dr. Chenique at 954-967-8272.

USA GOJU KARATE

The benefits are endless. Students will learn self-confidence, physical fitness, discipline, courtesy, respect for others, and self-control. Classes are held at two locations: Pine Island Multipurpose Center and Ivanhoe Community Center. These classes are offered on a continuous basis. To register, come in 5 minutes before any class begins. For more information, please call Jim Kelljchian at 954-673-3455.

CBBA BASKETBALL ACADEMY

The athletes train on every fundamental skill and aspect of basketball. Sessions consist of highly intensive fundamental stations, small group games, speed, agility, and conditioning. For more information and to register, please call 954-980-9270.

5678 DANCE

5678 Dance is a fun and fulfilling dance program offering kids and adults as young as 18 months an unforgettable lifetime experience. We provide a variety of dance programs and activities, with qualified staff committed to the enjoyment and safety of all of our dancers. Come enjoy the magic of dance in a caring and inspiring environment. Classes are offered at the Pine Island Multipurpose Center on Thursdays and Saturdays. For more information, please call 954-579-8820.

LIL STARS SPORTS

Lil Stars Sports includes the nationally recognized child physical development programs, Kickstart Soccer, Lil Sluggers, and Shooting Stars, which use a variety of fun games to delight and to engage kids in physical activity. The curriculums are professionally designed to develop motor skills, promote physical fitness, and to create self-confidence in kids and younger children. It stresses a noncompetitive environment and promotes fun above all else. For kids 18 months - 6 years. Classes are held at the Pine Island Multipurpose Center on Thursdays. For more information, please call 954-680-6861.

SUNSHINE AFTERSCHOOL/SUMMER CAMP PROGRAM

A family-operated, not-for-profit childcare provider offering superior school-age childcare programs in Broward County since 1992. Programs are licensed and insured and operate under the policies and directives of the Florida Department of Children & Family Services and the Broward County School Board. The program is held at Pine Island Multipurpose. For more information, please call 954-236-8850.

CHESS

Improve your child's self-confidence, imagination, concentration, and intuition. Professional instructions are provided during classes. Classes are held at the Pine Island Multipurpose Center on Fridays, from 4:30 - 5:30 p.m. Classes are \$75 per session, and books and materials are included. For more information, please call 954-327-3941 or 954-650-2562. Center.

CONTINUED

SOUTH FLORIDA CLOGGERS

The South Florida Cloggers are known throughout the southeast region of the United States. They are the only community dance group requested to perform in the Universal Studios Macy's Holiday Parade and have performed twice at Disney World. In last year's National Clogging Championships, they finished in second place. The team is made up of high-energy performers from ages 2 years through seniors. This program is held at Robbins Lodge, 4005 Hiatus Road, Davie and is offered on Mondays, Tuesdays, and Wednesdays. For more information, please contact Rebecca Vetter at 954-347-5207.

JAZZERCISE

Jazzercise is a pulse-pounding, beat-pumping fitness program that gets you results...fast. It is a calorie-torching, hip-swiveling dance party with a hot playlist to distract you from the burn. Classes are offered seven days a week at the Pine Island Multipurpose Center.

8:15 a.m. Sunday

9:00 a.m. Mon/Tues/Wed/Thurs/Fri (Babysitting is available if you preregister)

9:00 a.m. Saturday

9:00 a.m. Sunday

5:15 p.m. Tues/Thurs

6:00 p.m. Mon/Tues/Wed/Thur

7:00 p.m. Mon/Wed

For more information, please contact Penne Kositprapa at 954-607-6687, or email her at daviejazzercise@yahoo.com

DAVIE BABY BOOT CAMP

Our programs are led by nationally certified fitness professionals and provide fitness, nutrition, and community support for moms. Bring your baby with you! Fitness for mom and fun for baby. For more information, please contact Amanda at 954-399-2521.

DUTCH LANGUAGE

Expand your child's knowledge by learning a new language. Dutch language classes are offered at the Pine Island Multipurpose Center on Saturdays, from 9 a.m. to 1 p.m. For more information, please call 561-542-0268.

CHINESE LANGUAGE

Have you always wanted to learn a new language? The South Florida Chinese Cultural Arts Association offers Chinese language instruction at the Pine Island Multipurpose Center on Sundays, from 9 a.m. to 5 p.m. For more information, please call Junkai Wang at 561-305-3187.

ACTIVE ADULT & SENIOR ACTIVITIES

Come join us for mahjong, bingo, cards, day trips, monthly guest speakers, and much more. Also participate in other recreational activities such as beading, crocheting, quilting, painting and drawing, miniature crafting, and more! Please call us at 954-327-3941 for more information on all of the daily, weekly, and monthly programs we offer. The Multipurpose Center is located at 3801 South Pine Island Road.

DAVIE CHAIR YOGA

Chair yoga will improve postures, deepen the breath, increase strength, flexibility, balance, and relaxation, and will decrease stress. Chair yoga is ideal for those who do not want or who are unable to get down to the floor on a traditional yoga mat. Using the chair for support, the postures will be presented in a slow, clear, and manageable way in order for the student to comfortably and confidently connect with the mind and the body. Enjoy all the benefits of a regular yoga practice in a safe and encouraging atmosphere. Suitable for all levels and abilities. Classes are held on Wednesdays, from 11:30 a.m. to 12:30 p.m., at the Pine Island Multipurpose Center, 3801 South Pine Island Road. For more information, please contact instructor Katie Meuse, E-RYT, at 860-625-2241 or at yogameuse@yahoo.com

DAVIE HATHA YOGA

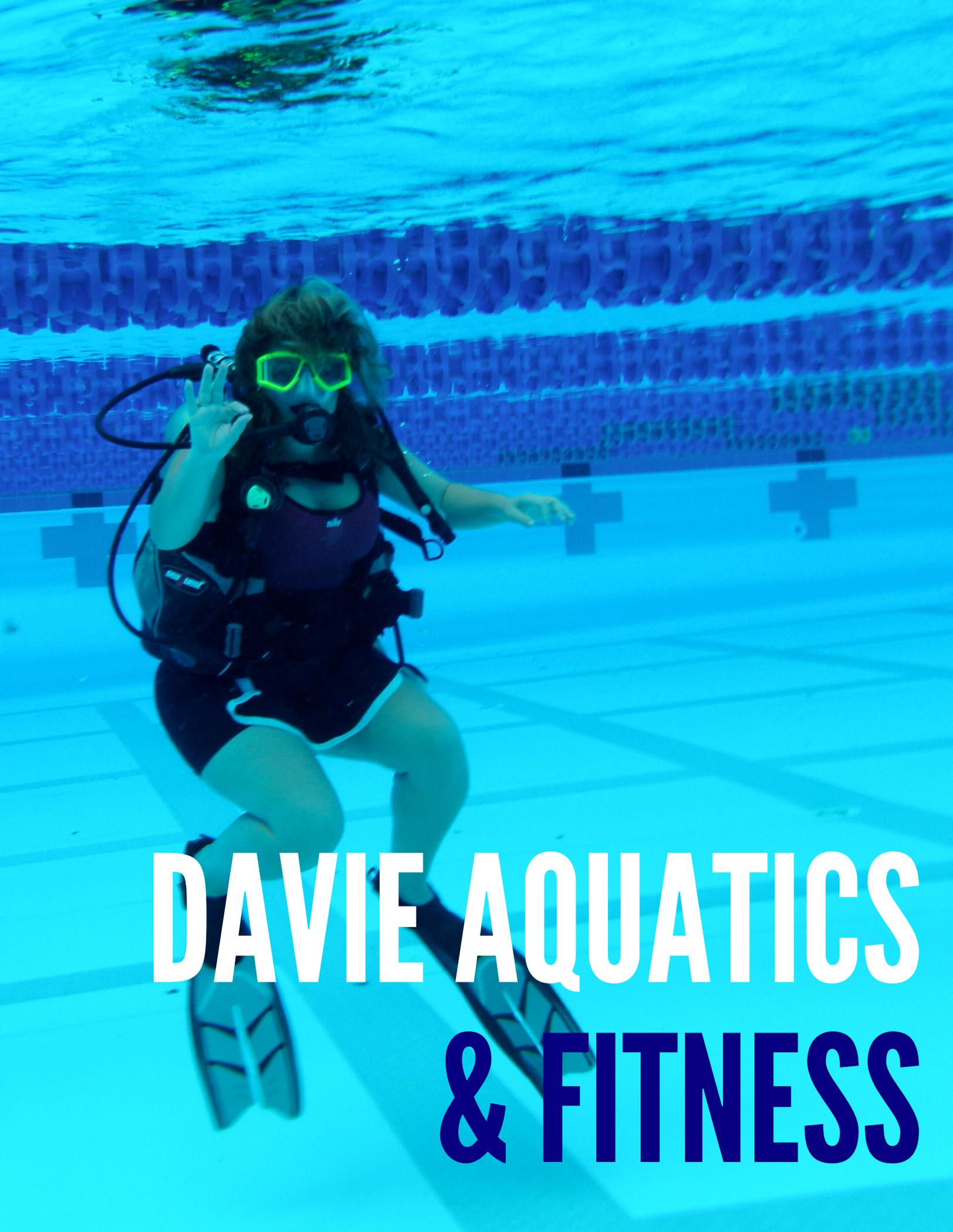
This all-levels class incorporates breath, alignment, strength, flow, balance, self-observation, and self-nurturing. It encourages you to find your edge while moving at the pace most comfortable for you in the moment. In addition to strength, balance, and flexibility, present moment awareness reduces stress and enhances peace. Please bring your own mat or towel. Classes are held on Wednesdays, from 10 a.m. to 11 a.m., at the Davie Pine Island Multipurpose Center, 3801 South Pine Island Road. For more information please contact instructor Katie Meuse, E-RYT, at 860-625-2241 or at yogameuse@yahoo.com

AGELESS GRACE

The Ageless Grace Chair Exercise Program offers 21 simple tools for lifelong comfort and ease and can be done by almost anyone of any age or ability. The movement sequences focus on the health and longevity of the body, mind, emotions, and spirit. All the exercises are designed to be practiced in a chair. Classes are held every Tuesday and Friday, from 10 a.m. to 11 a.m., at the Pine Island Multipurpose Center, 3801 South Pine Island Road. There is no cost for seniors and Silver Sneakers members. For more information, please call 954-327-3941.



ALL TRIPS, ACTIVITIES, AND EVENTS ARE SUBJECT TO CHANGE.



DAVIE AQUATICS & FITNESS

SWIMMING LESSONS

The Town of Davie Aquatics Division offers year-round swimming lessons internally conducted by Town certified staff. These swim lessons are geared to help swimmers of all ages and abilities develop their swimming and water-safety skills.

Mommy & Me: This program is open to children ages 6 months to 3 years. This course is a fun way for parents to introduce their infant/young child into the aquatic environment. Parents will help their child learn basic safety skills, as well as elementary swimming skills. No swimming experience is necessary. The maximum is 10 children per class.

Davie Preschool Swim Lessons: This program is open to children ages 3 to 5 years. Children learn water safety, survival skills, and foundational swimming concepts in a safe environment. This program helps children become comfortable in the water and with basic safety. Introduces fundamental skills like kicking and coordinating arm and leg movement.

Learn to Swim Levels: Ages 6 years and up. This program is for children to progress through the levels at their own pace. **Level 1:** Helps individual become comfortable in the water and with basic water safety. **Level 2:** Introduces primary skills such as floating and kicking. **Level 3:** Introduces strokes, and students learn coordination involved with the basic strokes. **Level 4:** Stroke improvement. Please call 954-327-3927 for more information.

Learn to Swim registration is on a first-come, first-serve basis. Class ratio is 1 instructor for 6 children. Please call 954-327-3927 for more information.

EARLY MORNING LAP SWIM

Lap swim is available at the Davie Pine Island Park Pool. Come swim with us and get a great workout! We offer early morning swimming Monday through Friday, from 5 a.m. to 10 a.m. We have dedicated lanes available during normal hours of operation. When necessary, lap lanes must be shared. Children under 16 years of age must be accompanied by an adult. For more information, please call 954-327-3927.

POOL PARTIES

Book your next birthday party or special event at the pool. For more information, please call 954-327-3927.

LIFEGUARD CERTIFICATION TRAINING COURSE

This 30-hour training course is conducted by an American Red Cross instructor. Successful completion of this course includes certification in Lifeguard/First Aid and CPR/AED from the American Red Cross. For more information, please call 954-327-3927.

JOIN THE SWIMFAST SWIM TEAM

SWIMFAST is a full-service swim team serving young swimmers ages 6 and up in three groups, Stroke School (for new swimmers of all ages), Age Group, and Senior Swimmers. The SWIMFAST Program can fulfill your swimming needs whether you are a new swimmer or an elite swimmer aspiring to high levels of success.

The coaching staff, headed by John Leonard, is one of the best-known names in the world of swimming. It includes 3 ASCA Level 5 (highest level) coaches, two Level 4 coaches, and one Level 3 coach. To join, contact the coaches in person at the pool (on deck from 4 p.m. to 7 p.m., daily, Monday through Friday), or please contact Coach John Leonard at 954-684-3024 or by email at JLeonard@swimmingcoach.org



➔ DAVIE EXCEPTIONAL FITNESS FOUNDATION

Exceptional Fitness Foundation provides training to individuals, fitness coaching, and recreation programs to individuals on the autism spectrum and other special needs. Curriculum integrates functional fitness movements, martial arts, musical movement, yoga, and safety instruction. Please contact Jason at 954-815-1546 for more information.

➔ DAVIE FITNESS PERSONAL TRAINING

South Florida Fitness Pro. Where the pros get trained! Personal trainer Charles Muhlstein has over 25 years of experience in the fitness community.

- A-Z Sports Specialist
- Customized Nutrition and Workout Plan
- Fat Loss and Body Shaping
- Fitness and Nutrition for the Next Generation
- Nutrition Analyst
- Trainer of Champions

Please contact Charles at 954-401-9860 for your free consultation.

➔ DAVIE AQUATICS FITNESS PERSONAL TRAINING

Aquatic personal training includes one-on-one instruction which consists of a fitness evaluation and a skill-level evaluation, personal goal setting, and a written workout plan. There is a discount for multiple sessions. Aquatic personal training will help you to improve flexibility, balance, and to build strength in a safe environment, especially for those recovering from injury. Furthermore, you will have fun!

Contact Nancy at 954-383-1132 or at njolson97@gmail.com or at www.nancyolsonwaterfitness.com for more information about these programs.



PUT IN THE WORK, GET RESULTS.

PINE ISLAND FITNESS CENTER
3800 S.W. 92ND Avenue, 954-327-3926
MONDAY – FRIDAY – 5 A.M. TO 8:45 P.M.
SATURDAY AND SUNDAY – 8 A.M. TO 5:45 P.M.
Locker rooms and showers are available.

Our team is dedicated to providing you with the best possible experience to meet your fitness needs and goals.

Amenities

The Pine Island Fitness Center has state-of-the-art equipment that is both familiar and comfortable. Our facility has full locker-room facilities and is open seven days a week.

- Elliptical Machines
- Free Weights and Dumbbells
- Selectorized and Isolateral Equipment
- Stationary Bikes
- Strength Training Equipment
- Treadmills

If you are a Silver Sneakers member, we are equipped to be your authorized Silver Sneakers Fitness Facility.

NEWLY REMODELED

Bergeron Park
1900 S. Nob Hill Road

Lange Park
6550 S.W. 47th St.

Reflections Park
4200 Alpine Woods Road

Betty Booth Roberts Park
4200 S.W. 61st Avenue

Liberty Park
13500 SW 8th St.

Robbins Preserve
4005 S. Hiatus Road

Davie Pine Island Park
3801 S. Pine Island Road

Math Igler Citrus Park
2581 S Hiatus Rd.

Shenandoah Park
14601 S.W. 14th Street

Driftwood Estates Park
3300 N.W. 77th Avenue

Oakhill Equestrian Park
3100 S.W. 130th Ave.

The Park at Waverly
6625 Hawkes Bluff Avenue

East Davie Nature Park
5350 S.W. 58th Avenue

Palomino Park
15410 S.W. 50th Street

Veterans Park
5750 SW 39th Street

Falcons Lea Park
14900 Stirling Road

Potter Park/Gymnasium
4300 S.W. 57th Terrace

Waterford Park
15090 S Waterford Drive

Fire Fighter Park
6991 Orange Drive

Wes Griffin Park
2300 S.W. 71st Terrace



REFLECTIONS PARK

PLAYTIME HOT SPOTS

Find your nearest playground

WINTER FUN

Lighting of the Greens

Saturday | December 7, 2019 | 6-8 p.m.

Join Mayor Judy Paul and the Town Council as we light up Town Hall with thousands of holiday lights, including over 50 beautifully decorated Christmas trees, menorahs, and kinaras. Don't miss the lighted horse parade at 6:15 p.m. and Santa's arrival by fire truck! Following the lighting enjoy holiday music classics performed by the South Florida Heat Band, the Western High School Chorus, and more. Pictures with Santa and refreshments will be available. For more information, call 954- 797-1181.

Winter Holiday Snow Play

Saturday | December 14, 2019 | 6-9 p.m.

Join us as we transform the Bergeron Rodeo Grounds (4271 Davie Road) into a Winter Wonderland! to celebrate the Holidays with Play Davie. This FREE event will feature 20 tons of real snow, bounce houses, a petting farm, games, and more. Pictures with Santa and other holiday characters available for free! Refreshments will be available for a small fee. For more information, call (954) 797-1181.

Davie Farmers Market

Sunday | January 12, 2020 | 9 a.m. - 1 p.m. | Old Davie School | 6650 Davie Road

Come out for a morning of hometown family fun. Purchase fresh produce and food from local farms. Visit vendors offering artisan foods and products. Find unique handmade gift-ware and crafts. Seasonal monthly market right here in Davie. For more information call (954) 797-1181. FREE Admission

Martin Luther King Jr. Ceremony

Sunday | January 19, 2020 | 1-4 p.m.

Celebrate Dr. Martin Luther King, Jr.'s birthday with the Town of Davie. The celebration will include live entertainment, a poetry contest, and children's activities. If you would like to participate in the poetry contest, call 954-797-1181, or email specialevents@davie-fl.gov

Miss Orange Blossom Pageant

Saturday | January 25, 2020 | Pine Island Multipurpose Center | 3801 S. Pine Island Rd. | 2 p.m.

Join the Town for the 2020 Miss Orange Blossom Pageant! Participants must be residents of Davie or girls who are enrolled in Davie Schools. Girls ages 2-18 are invited to participate in this year's pageant. \$25/ girl/ woman. The crowned Queen in each age group will ride in the Orange Blossom Parade and make appearances at the Orange Blossom Festival and Rodeo.

You must preregister by Wednesday, January 22nd. Call 954-309-3428 or (954) 797-1181.



The Parks, Recreation and Cultural Arts Department is committed to providing superior parks and recreation facilities and services the residents of the Town of Davie. In addition, the department actively promotes Davie's rich history and heritage of open space, environmental awareness, and community values of inclusiveness and recreation equality.



PARKS, RECREATION & CULTURAL ARTS
WINTER 2019-2020 | 954-327-3941 | WWW.DAVIE-FL.GOV

